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Jennifer Hines (<https://plus.google.com/u/0/+JenniferHines514>)

## 3 Uses for Body Scrubs (and why I love them)

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([//www.beaniesandweeniescrochet.com/blog/3-uses-for-body-scrubs-and-why-i-love-them](http://www.beaniesandweeniescrochet.com/blog/3-uses-for-body-scrubs-and-why-i-love-them))

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What better way to usher in Fall than with sweet and nourishing pumpkin spice body scrub!

If you haven't heard yet, Beanie & Weenie is releasing [Fall gift baskets](http://tidd.ly/816dd6c1) this Friday that include a crocheted basket, two fall colored crochet washcloths, and 4 ounces of handmade pumpkin spice body scrub! The best part about it is that it only costs \$25!

If you're thinking, "well, that's great and all, but what can I do with a sugar scrub?" then I'm here to enlighten you.



### Author

I'm Jennifer, a 21 year-old crochet (<http://www.beaniesandweeniescrochet.com/blog/category/crochet-tutorial>), DIY (<http://www.beaniesandweeniescrochet.com/blog/category/diy>), and marketing

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Sugar scrubs are pure magic for your body. I'm not exaggerating! Sugar scrubs help you get rid of dead skin and moisturize at the same time. Who doesn't like silky smooth skin from head to toe? That's right. No one.

The best part about sugar scrubs, Beansies & Weenies' pumpkin spice scrub in particular, is that they are made of completely natural ingredients! You don't have to worry about sketchiness or irritation unless you are allergic to coconut oil, sugar, or pumpkin spices.

Magic I tell 'ya.

While you can use sugar scrubs from head to toe, here are my top three uses for sugar scrub:

- **Lip Scrub:** The right sugar scrub not only gets rid of dead skin on your lips, but it plumps and add moisture as well.
- **Exfoliant:** Sugar scrubs are a miracle at exfoliating dry and/or peeling skin, especially in the winter. Just rub it onto the problem area and watch the magic happen.
- **Get a Closer Shave:** For best results when shaving your legs, use a body scrub to exfoliate your legs before you shave. Don't exfoliate after because this will irritate your skin.

To use your sugar scrub, take a steamy hot shower because, *why not?* The steam and warm water will help open your pores and help you get the most out of your exfoliation.

Grab a small lump of scrub at a time and work it into your skin. Just rub, rub, rub in circular motions while enjoying the aromatic scent the scrub gives off. Envision all your dry, dead skin just flaking off and leaving behind skin just as smooth and soft as a baby's bottom.

Once the scrub dissolved, rinse off your skin and apply a moisturizer to lock in the smoothness. Then parade around admiring your freshly pampered skin!

There! Now you know how to enjoy the body scrub in the Beansies & Weenies fall gift baskets when you buy one this Friday!

And if you haven't entered the Beansies & Weenies Fall Basket giveaway yet, head on over to Instagram and do it now! The giveaway ends Thursday at 11:59 est and the winner will be announced Friday.

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# Beauty on a Budget Walmart Beauty Steals



If you're anything like me, you're all about beauty on a budget. I love beauty products, makeup especially, but I also like spending my money on other things. Like food. Always food. So when I find awesome beauty products without having to break the bank, I am one happy girl.

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My latest beauty on a budget finds are some amazing Walmart beauty steals. I found these Walmart beauty steals by just browsing around but boy did a hit a jackpot! These Walmart beauty steals will be my go-to products all summer long. For those of you looking for beauty on a budget, I highly recommend trying these products out!

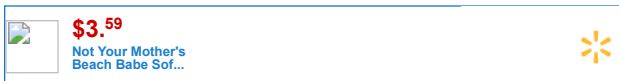
## Not Your Mother's Clean Freak Tapioca Dry Shampoo in Warm Sugar: \$2.50

My first Walmart beauty steal is dry shampoo. I've had a love hate relationship with dry shampoo for a long time. My hair gets really greasy really fast and dry shampoo hasn't always been able to fix it. After a long time of avoiding dry shampoo, I decided to try it again when I came across the sample of Not Your Mother's Dry Shampoo at such a reasonable price. I was excited to try to because it offered so many different scents and not just the stale original scent of the ones I had tried in the past. When I tried this dry shampoo, I fell in love with it! The smell was ah-mazing! My hair smelled like warm vanilla and I felt like I could do anything. Not only that, but I could actually tell a difference when using it in my unwashed hair. While my hair is still pretty greasy, this beauty on a budget dry shampoo makes it more manageable!



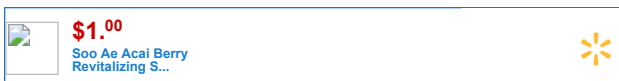
## Not Your Mother's Beach Babe Soft Waves Sea Salt Spray in Tropical Banana: \$2.50

Sea salt spray was something else I have had a love hate relationship with in the past. My hair is stick straight no matter what I do to it. It won't hold a curl or even a wave to save its life. The sea salt sprays I have tried in the past gave my hair texture, not waves. And it just smelled like straight salt water. I say the Not Your Mother's Sea Salt Spray when I found the dry shampoo, so I decided to try this again as well. After spraying this Walmart beauty steal for the first time, I was in love! It smells like bananas, almost like sunscreen. I felt like I should have been at the beach! As I started using this budget beauty product, I started scrunching my hair and noticed that it did give way to a few waves! I was definitely impressed.



## Acai Berry Revitalizing Sleeping Mask: \$2.50

If there's one thing I am a sucker for buying it's face masks. I have never had great skin but I love the way face masks leave my face feeling. And most of them smell amazing. That's why I had to try this Walmart beauty steal when I found it. What I'm currently focused on is reducing redness and the appearance of old acne scars on my face and that's exactly what this Acai Berry Revitalizing Sleeping Mask focuses on. You just rub it and let it sit overnight while you sleep. Simple as that! I could tell a definite difference the next morning when I woke up! I skin felt softer and brighter. I was very happy with the results of this budget beauty item!

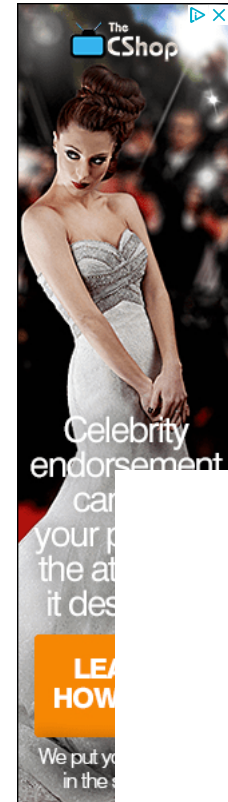


## Not Your Mother's Blonde Moment Treatment Shampoo: \$1.50

My final Walmart beauty steal is the Not Your Mother's Blonde Moment Treatment Shampoo. My hair is naturally a dirty blonde color. Actually, I have never died it. But, during the summer, I notice that my hair gets lighter and has natural highlights when I'm out in the sun for extended periods of time. So, when I came across this blonde treatment shampoo, I just had to try it out. My favorite part of this dry shampoo is the fact that this one pouch lasts me over a month. I get about 5 different washes out of one pouch and it recommends to only use it one or two times a week. I tend to use it once a week, usually right before I am going to be outside for a while. I have definitely noticed my natural highlights coming out more and more. Not to mention, I think a natural golden color is coming out in my hair as well. This budget beauty product is definitely a steal!



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There are so many more Walmart beauty steals available for those of you looking for beauty on a budget like me! When you find more, let me know!

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# DIY Makeup Brush Cleaning Board

+Brush Cleaning Tutorial & Brush Cleaner Recipe!



If there's one thing I refuse to think about, it's how dirty my makeup brushes are. Makeup brush cleaning has always seemed like a chore that never really has the results I want. (Don't even ask me how long it's been since I last tried to clean them).

Between all the foundation, concealer, and eye shadow caked on the bristles of my brushes, I just assume to dunk them in acid before I try to clean every last drop of makeup off of them.

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Until I saw the [Sigma Spa Brush Cleaning Mat](http://amzn.to/2h7ahwd) (<http://amzn.to/2h7ahwd>). I saw it and I knew that my makeup brush cleaning problems were solved. That is, until I saw the price tag. It was \$25. Granted, I've seen simple things priced extremely higher than this but considering \$25 is another tube of my favorite [Stila Stay All Day Liquid Lipstick](https://www.stilacosmetics.com/products/stay-all-day-liquid-lipstick) (<https://www.stilacosmetics.com/products/stay-all-day-liquid-lipstick>)... I wasn't convinced to buy it yet.

The more I thought about it, the more I was sure I could make something at home to clean my brushes. That's how I came up with the idea for this DIY makeup brush cleaning board. I've seen a lot of people work wonders with hot glue, so why not me?

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Afterall, makeup brushes can be so cute just like this [studded couture 10 piece brush set](https://click.linksynergy.com/link?id=E8R8PrsKqOQ&offerid=451576.2398&type=2&murl=http%3A%2F%2Fwww.bhcosmetics.com%2Fstudded-couture-12-piece-brush-set) (<https://click.linksynergy.com/link?id=E8R8PrsKqOQ&offerid=451576.2398&type=2&murl=http%3A%2F%2Fwww.bhcosmetics.com%2Fstudded-couture-12-piece-brush-set>) from BH Cosmetics, you just have to keep them clean so you can show them off!

After doing research on other makeup brush cleaning boards, I bought a \$1 plastic cutting board from Dollar General and stocked up on some hot glue. After making sure the surface was clean, I started planning what patterns I would use and where I would put them.

Most makeup brush cleaning boards have a series of lined, dotted, swirled, and scalloped patterns. I chose to use two sized dots, one swirly circle, two sized straight lines, a scalloped line, and a hashed pattern on my board.

Once I knew where I was going to place them, I got to gluing! The most challenging part was the little stringy bits that always happen when you're hot gluing stuff. Once I was done, I cleaned up the strings and let the rest dry. After that, my makeup brushes were ready to be cleaned!

This DIY makeup brush cleaning board does wonders. You can even make one inside a plastic container so you don't have to use it over the sink!

Keep reading to find the step by step guide on making your own makeup brush cleaning board and my handy makeup brush cleaner recipe and makeup brush cleaning tutorial.

## Make Your Own Makeup Brush Cleaning Board

### Materials:

- [Plastic Cutting Board](http://amzn.to/2uD4rao) (<http://amzn.to/2uD4rao>)
- Hot Glue Gun & Glue

### Steps:

1. Prep the cutting board by taking all the stickers off and cleaning its surface so the hot glue sticks better.
2. Use a pencil to mark off the different sections of your makeup brush cleaning board. As you can see from my board, I placed a large circle in the upper left hand corner with hash marks underneath it, various sized lines on the right hand side, and two different sized dots at the bottom of the board.
3. Use hot glue to put your patterns into place!
4. Let it dry and start cleaning your makeup brushes!



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### DIY Makeup Brush Cleaning Board



## BONUS!!! Makeup Brush Cleaner Recipe & Brush Cleaning Tutorial

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If you've made your DIY makeup brush cleaning board and you have your dirty makeup brushes ready, but you forgot that you need something to clean your brushes with, I'm here for you. I'm giving you my favorite makeup brush cleaner recipe.

This is a very simple recipe that uses ingredients you probably have around the house right now: Water, Dawn Dish Detergent, and Olive Oil. Mix them all together and you've got yourself a cleaner that will get even the deep down, dried on makeup out of your brushes.

#### Ingredients:

- 1 Cup Warm Water
- 1 TBS Olive Oil
- 1 TBS Dawn Dish Detergent (<http://amzn.to/2eSDNF9>)

#### How to Clean Your Makeup Brushes:

1. Mix the ingredients of the makeup brush cleaner in a small bowl.
2. Take a dirty brush and swirl it around in the cleaner.
3. Place your DIY makeup brush cleaning board underneath the faucet.
4. Move your brush back and forth across the corresponding patterns. Continue until water runs clear.
5. Leave your brushes out, preferably upside down, until dry.

You can use this to clean your makeup sponges too! Soak up all the cleaner in the sponge and move it over the large bump pattern until the water runs clear. CAUTION: running the sponge roughly over the smaller bumps could cause you to lose chunks of sponge. Trust me. I learned the hard way.



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# Makeup Brush Cleaning Board Patterns

You may be wondering why you need so many different patterns to clean your makeup brushes. In theory, you could use one pattern to clean all your brushes but that would not be as effective as using multiple patterns.

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Your makeup brushes are all different sizes so it only makes sense that different sized patterns will clean each brush differently. I have listed the differences in patterns and brushes below but if you ever can't remember which is which, just remember that bigger patterns are for washing big brushes and little patterns are for washing little brushes.

- **Large Bumps:** wash face brushes
- **Thick Lines:** rinse face brushes
- **Thin Lines:** refine face brushes
- **Hash Marks:** wash eye brushes
- **Scalloped Lines:** rinse eye brushes
- **Circular:** refine eye brushes
- **Small Bumps:** refine any brush

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And that's it! That's my comprehensive guide on making a makeup brush cleaning board and makeup brush cleaner. I hope you found this helpful! If you did, share it with your friends!



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